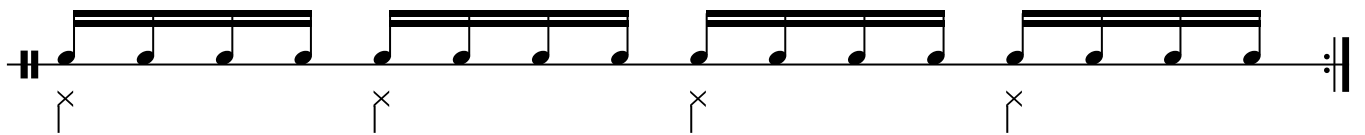
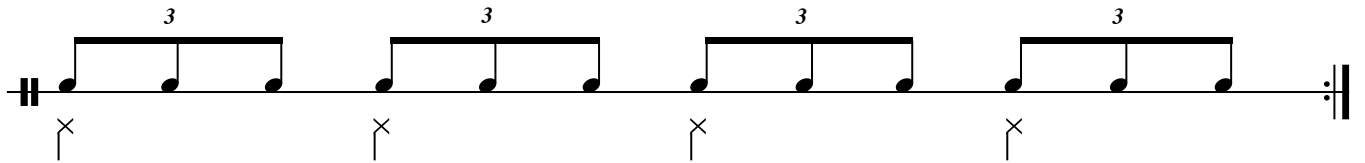
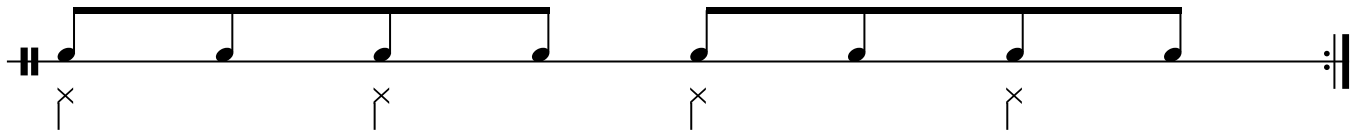
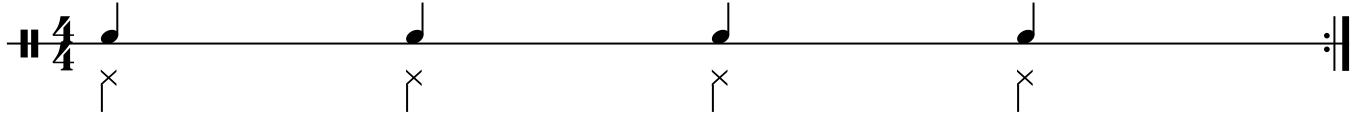
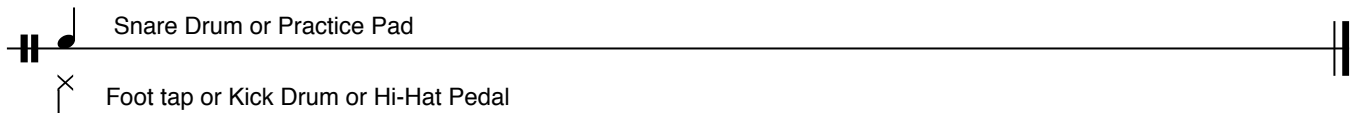


Basic Subdivisions (Warmup)



Notation Key and Directions:



1. First time through - Play stem down notes with **Right** foot and stem up notes as single strokes.
2. Second time through - Play stem down notes with **Left** foot and stem up notes as single strokes.
3. Third Time through - Play stem down notes with **Both** feet and stem up notes as single strokes.

Note: All stem down notes are quarter notes which are added as an anchor to help understand the subdivision relationships.